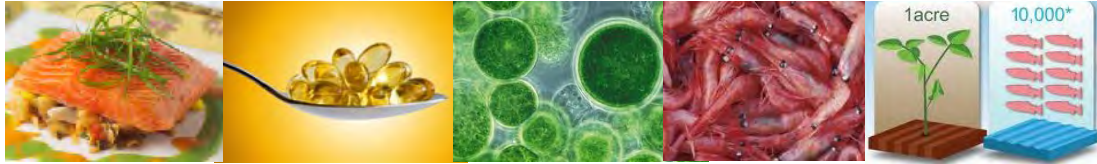


GLOBAL SUMMIT ON NUTRITION, HEALTH AND HUMAN BEHAVIOUR

Sustainable LC-Omega-3 for a Better World



Kempinski Hotel Duke's Palace - Bruges, Belgium, 3-4 March 2011

<http://www.omega3summit.org> - info@omega3summit.org

PRESS RELEASE

Brussels, 11 January 2011 – A Kyoto-type Approach Needed for Increasing Omega-3 Intake

The Global Omega-3 Summit will develop and launch recommended Omega-3 levels needed to combat growing Mental Health & Cardiovascular Disease

A high level Global Summit on Sustainable LC-Omega-3 for a Better World will bring together the world's most known scientists, government officials and company leaders. During the Summit, they will develop new position statements on optimal omega-3 levels in human nutrition and elaborate strategies for the Industry to improve the global intake of LC-Omega-3 in developed and in developing countries.

The world foremost authorities in neuroscience warn that the new epidemic of mental illness and brain dysfunction is exponentially broadening due to inadequate long chain fatty acid intake. This will lead to a cost to society higher than the cost of today's worldwide obesity issue. The participants of the Global Omega-3 Summit commit to take action and look for strategies to increase the intake of long chain omega-3 fatty acids in a sustainable way.

The summit will be opened by Prof. Michael Crawford, Imperial College London, who is at the origin of this Summit. Prof. Crawford researches omega-3 effects since more than 50 years.

Prof. Crawford said: "I spent most of my research work unravelling the relation between fatty acids and brain function. It is striking to see that all evidence indicates that the omega-3 levels we are currently consuming are far below what scientists advise and are coinciding with the increase of cardiovascular disease and mental illness. And still, governments do not yet take action to install a plan to improve access to a sufficient and sustainable supply of omega-3s. The Global Omega-3 Summit wants to be a first start for a "Kyoto"-type approach to convince the world to take the necessary steps."

Global Summit on Nutrition, Health and Human Behaviour - Sustainable LC-Omega-3 for a Better World -

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